

THIRD EYE CHAKRA INTUITION

LOCATION + ASPECTS

--THIRD EYE--

INTUITION-IMAGINATION-FOCUS-DREAMS-CLARITY-
PERCEPTION-SLEEP-MOOD



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7.1a Third Eye Chakra Intuition

A woman with long blonde hair, wearing a wide-brimmed brown hat and a long white dress with lace sleeves, is walking away from the camera through a field of tall green grass. She is holding the hem of her dress with her left hand. In the background, there are white flowering bushes and a blue sky with white clouds.

THIRD EYE DOMINANCE

WHAT DOES IT MEAN?

Aka the psychic center. If you test as a third eye dominant then you likely receive intuitive information through the form of immediately knowing something to be true, seeing it visually in your mind's eye or getting auditory insight. You may also be receiving tons of intuitive information through the dream world. It can be challenging to discern intuition from intellect when you ride heavily in both areas here. Learning to identify which one is speaking is key to your health and well being.

STRENGTH = VISUAL + AUDITORY INFLUX

You easily experience intuitive information in the form of visual and auditory information. Dreams likely come through as intuitive messages for you as well.

CHALLENGE = INTUITION + INTELLECT DYNAMIC

The challenge is to allow the intuition to come through without the intellect overriding it at the first possible opportunity. Learning how to dialogue between the two is essential.



THIRD EYE CHAKRA REFERENCE

PRACTICE

List out everything you associate with the third eye chakra, create your comprehensive third eye reference

Your Third Eye Chakra Strengths

Write them out

Your Third Eye Chakra Challenges

What are they?

notes