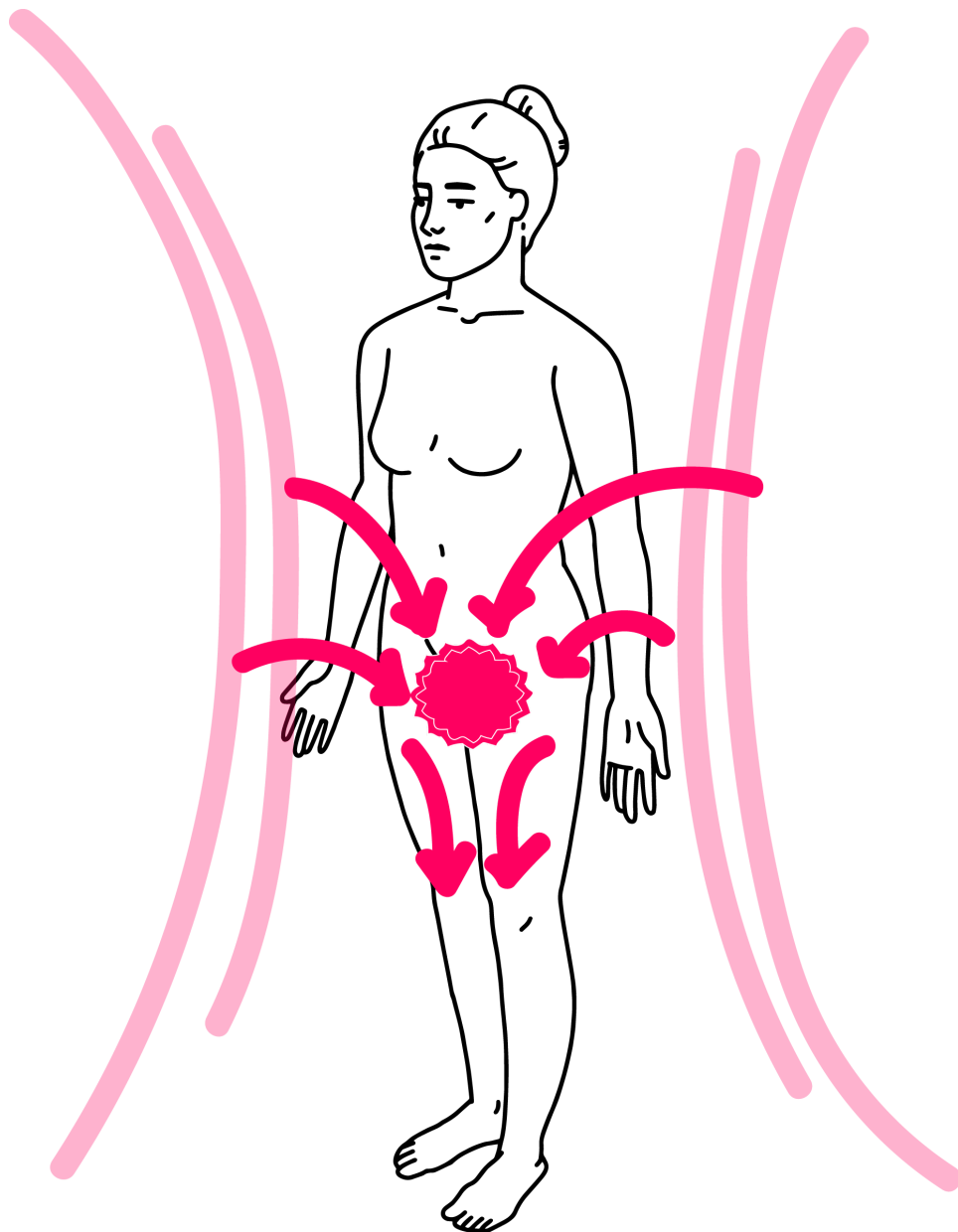


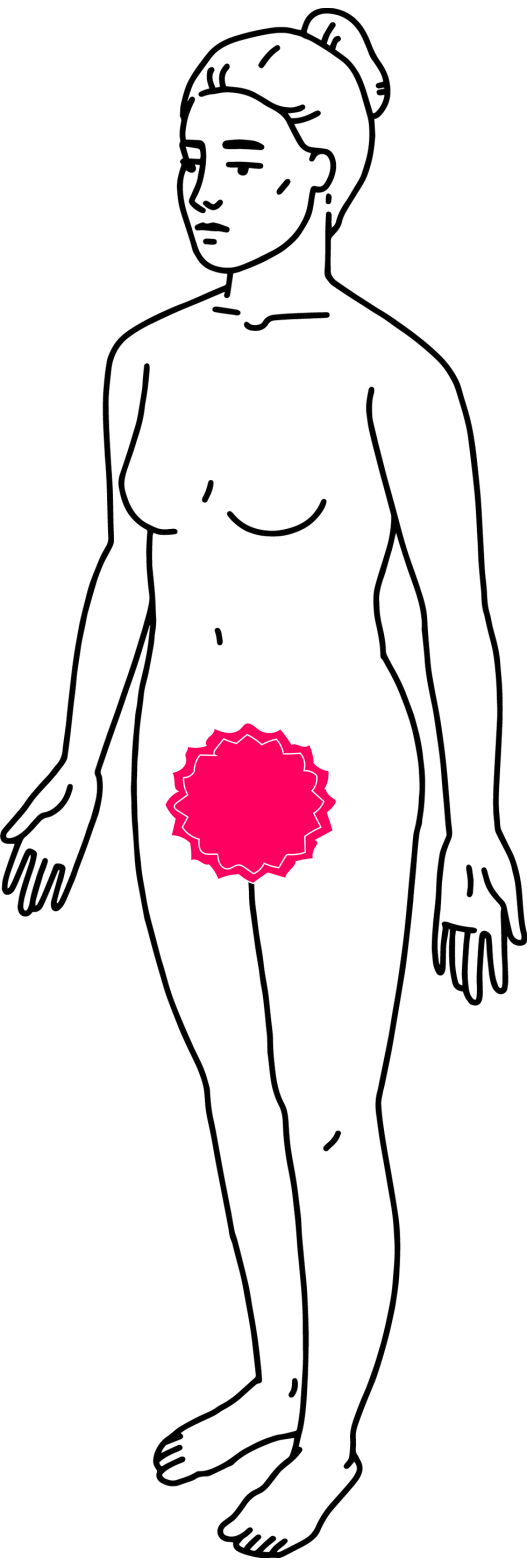
ROOT: LEFT

INDICATOR: ENERGETIC SHRINKING



ROOT: LEFT

INTUITIVE INDICATOR:
ENERGETIC SHRINKING



ASSOCIATIONS

Plane: Sagittal

Directional Aspect: Left

Left Association: Weak

Weak: Collapse/implosion

ENERGETIC QUALITIES

- Collapsing inward at root
- Pulling in towards root from all directions
- Difficult to push outwards from root center
- Not taking up space in the physical body
- General weakness, fatigue in physical body, especially at root and down through feet
- Wobbly on feet
- Hard to stand upright with lack of foundation

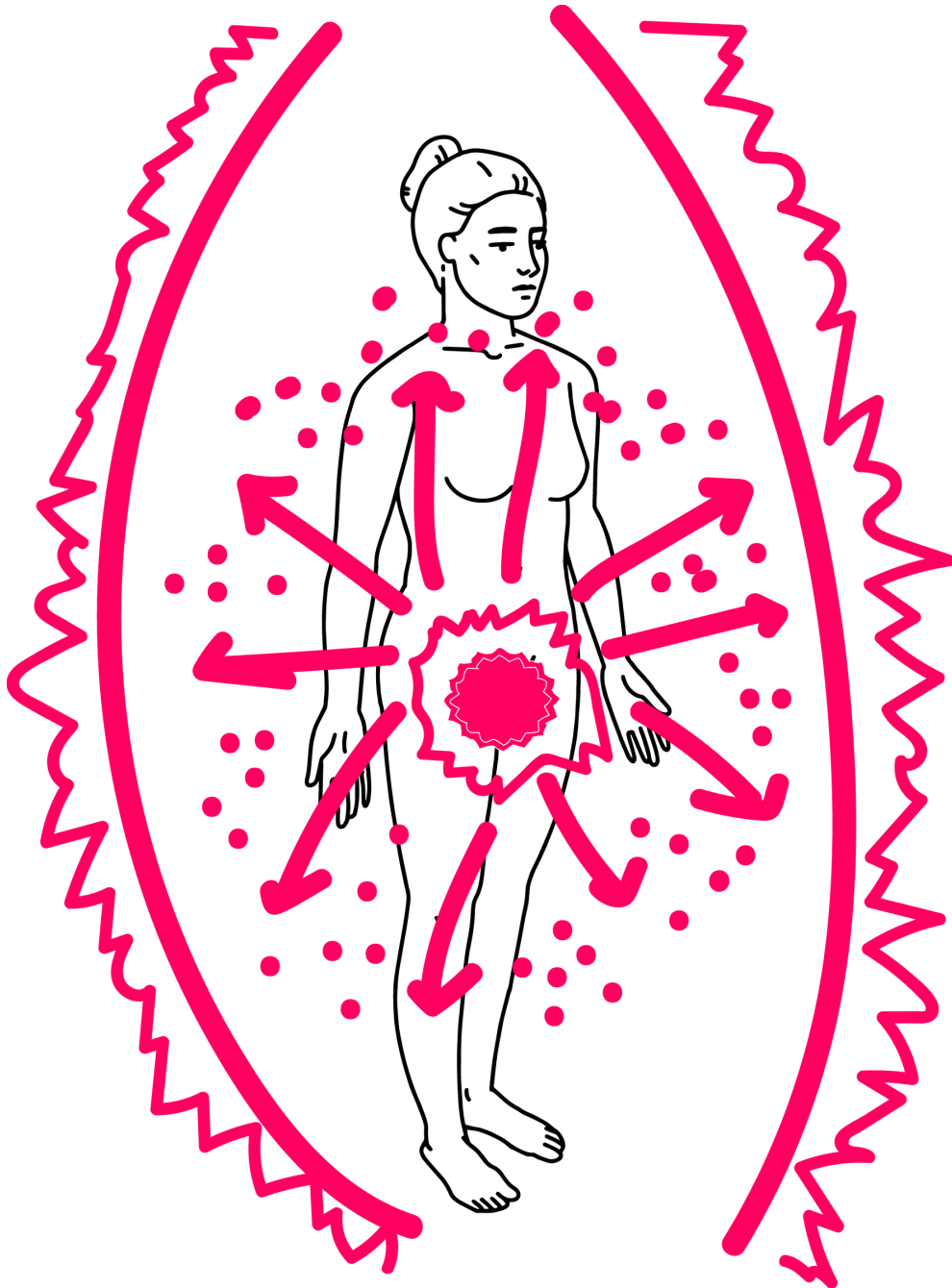
NOTES

Your Connections:

"I claim my strength from within."

ROOT: RIGHT

INDICATOR: SKIN REACTIONS



ROOT: RIGHT

INTUITIVE INDICATOR:
SKIN REACTIONS

ASSOCIATIONS

Plane: Sagittal

Directional Aspect: Right

Right Association: Forced

Forced: Explosive/aggressive

ENERGETIC QUALITIES

- Heat generated from root outwards
- Energy holds intense charge
- Desire to engage and fight
- Reactive and volatile quality experienced at lower body
- Hard to control outlash towards others
- Movement of intense sensation for inner core outwards through the skin.

NOTES

Your Connections:

**"I accept my circumstances
and choose to heal."**

