

DIRECTIONAL ASPECTS

SUPPORTED + STRESSED STATES



Front: Action/Projection
Back: Receptivity/Retraction



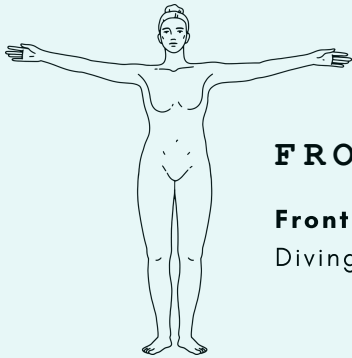
Top: Connected/Disconnected,
Avoidance
Bottom: Grounded/Suppression



Left: Feminine Flow/Weakness
Right: Masculine Strength, Power/Forced

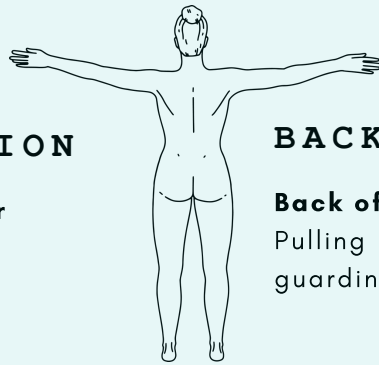
DIRECTIONAL ASPECTS

ENERGETIC ASSOCIATIONS



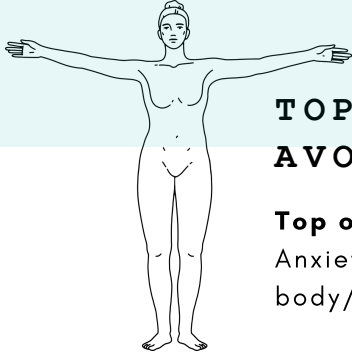
FRONT: PROJECTION

Front of body/energy center
Diving forward, grasping



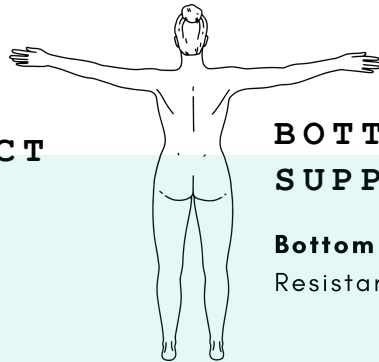
BACK: RETRACTION

Back of body/energy center
Pulling back/shielding at back, guarding



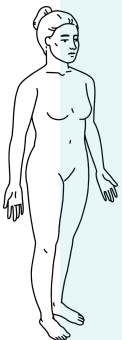
TOP : AVOID/DISCONNECT

Top of body/energy center
Anxiety at this part of body/chaos



BOTTOM : SUPPRESSION

Bottom of body/energy center
Resistance/pushing down



LEFT: WEAK

Left side of body/energy center
Collapse, implosion



RIGHT: FORCED

Right side of body/energy center
Explosive, aggressive