



INTUITIVE INDICATORS

THE THIRD EYE

Intuitive Indicators

Some of the many stressed expressions that manifest as intuitive sensations and impressions at the third eye chakra:

- **Mental Fixation (buzzing at front of the head)**
- **Mental Fatigue, brain fog no bandwidth**
- **Scattered, unable to focus, confused**
- **Lack of vision and imagination**
- **Excessive Intuition (acts impulsively on intuitive impressions-auditory, vision or knowing based)**
- **Excessive Intellect (only leads with intellectual processing, over analyzes)**

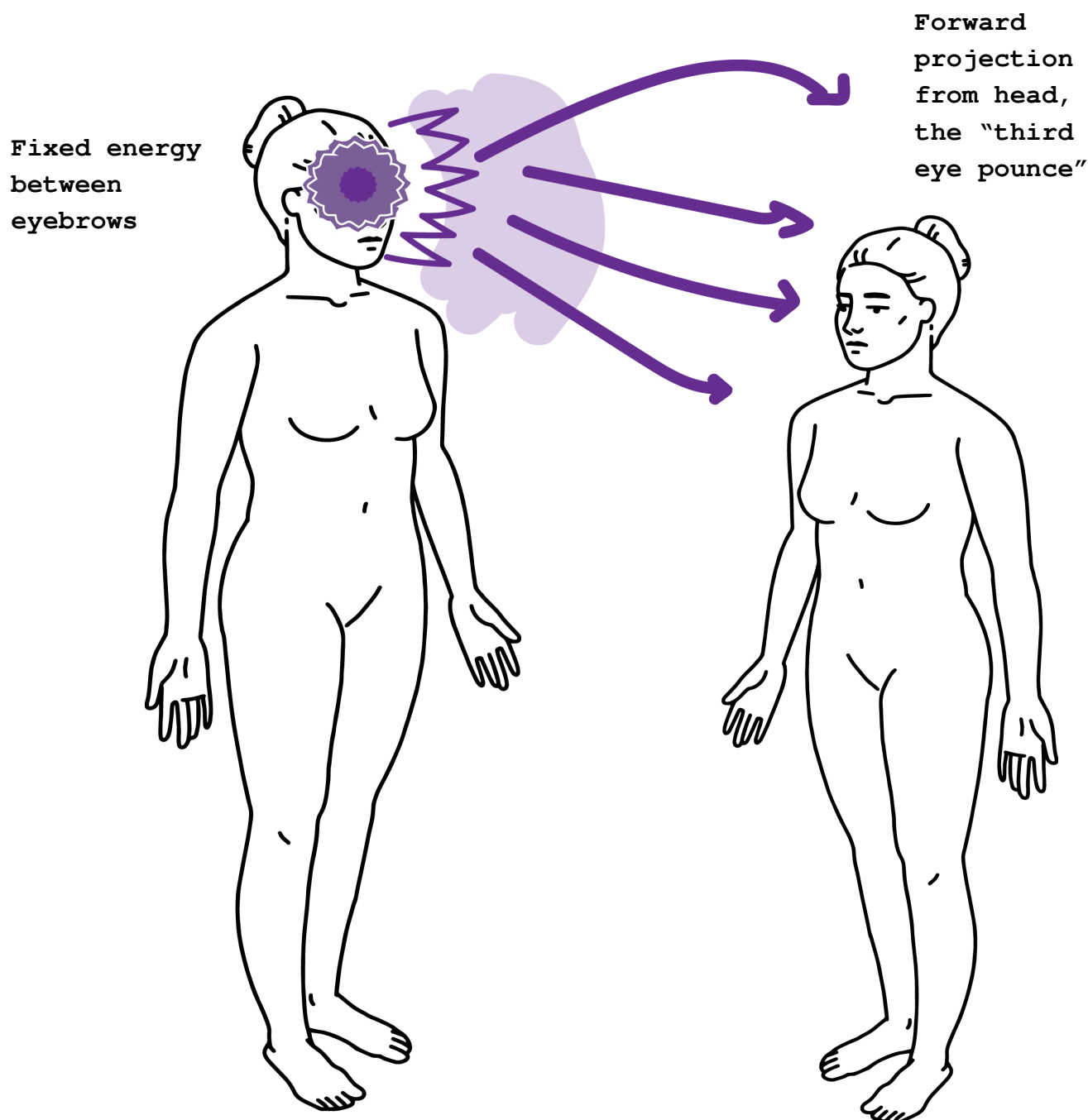
Additional Sensations + Impressions

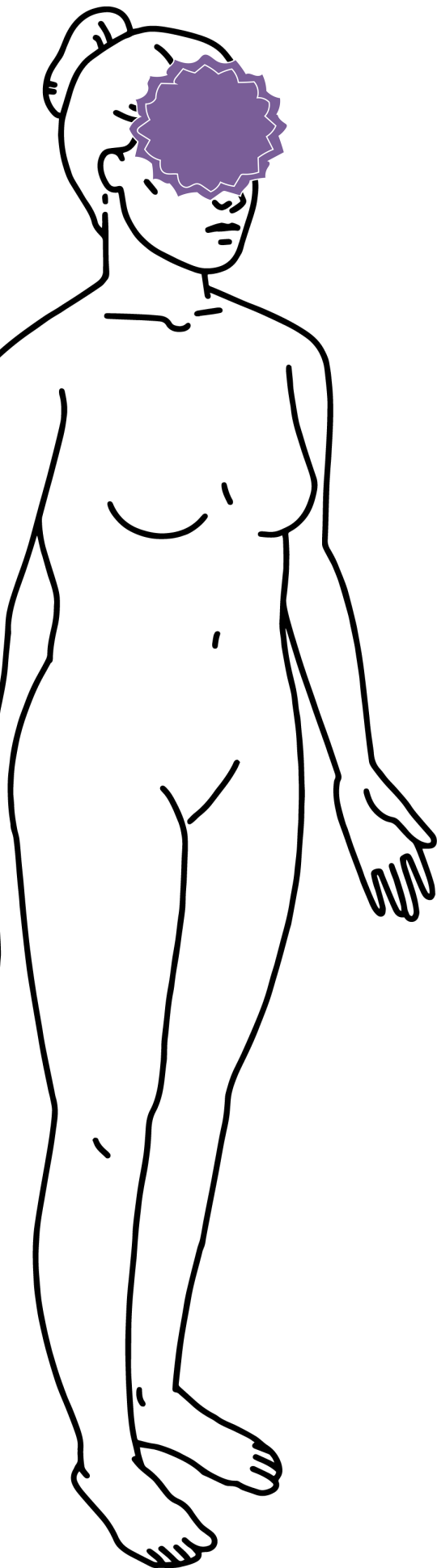
Third eye chakra specific sensations and impressions (II) that communicate activation of this energy center. This may be an attempt to engage in dialogue with you. These are not necessarily associated with stressed states.

- **Tinnitus/Ear Ringing**
- **Headaches**
- **Mood Swings**
- **Dreams**

THIRD EYE: FRONT

INDICATOR: MENTAL FIXATION





THIRD EYE: FRONT

INTUITIVE INDICATOR:
MENTAL FIXATION

ASSOCIATIONS

Plane: Frontal

Directional Aspect: Front

Front Association: Projection

Projection: Diving forward, graspy

ENERGETIC QUALITIES

- Fixed energy between eyebrows
- Buzzing at third eye
- Forward projection from head, the “third eye pounce”
- Default into “reading” other people’s energy
- So heavily weighted forward, no space for intuition to come through
- Mind interjects and interferes immediately with intuitive impressions

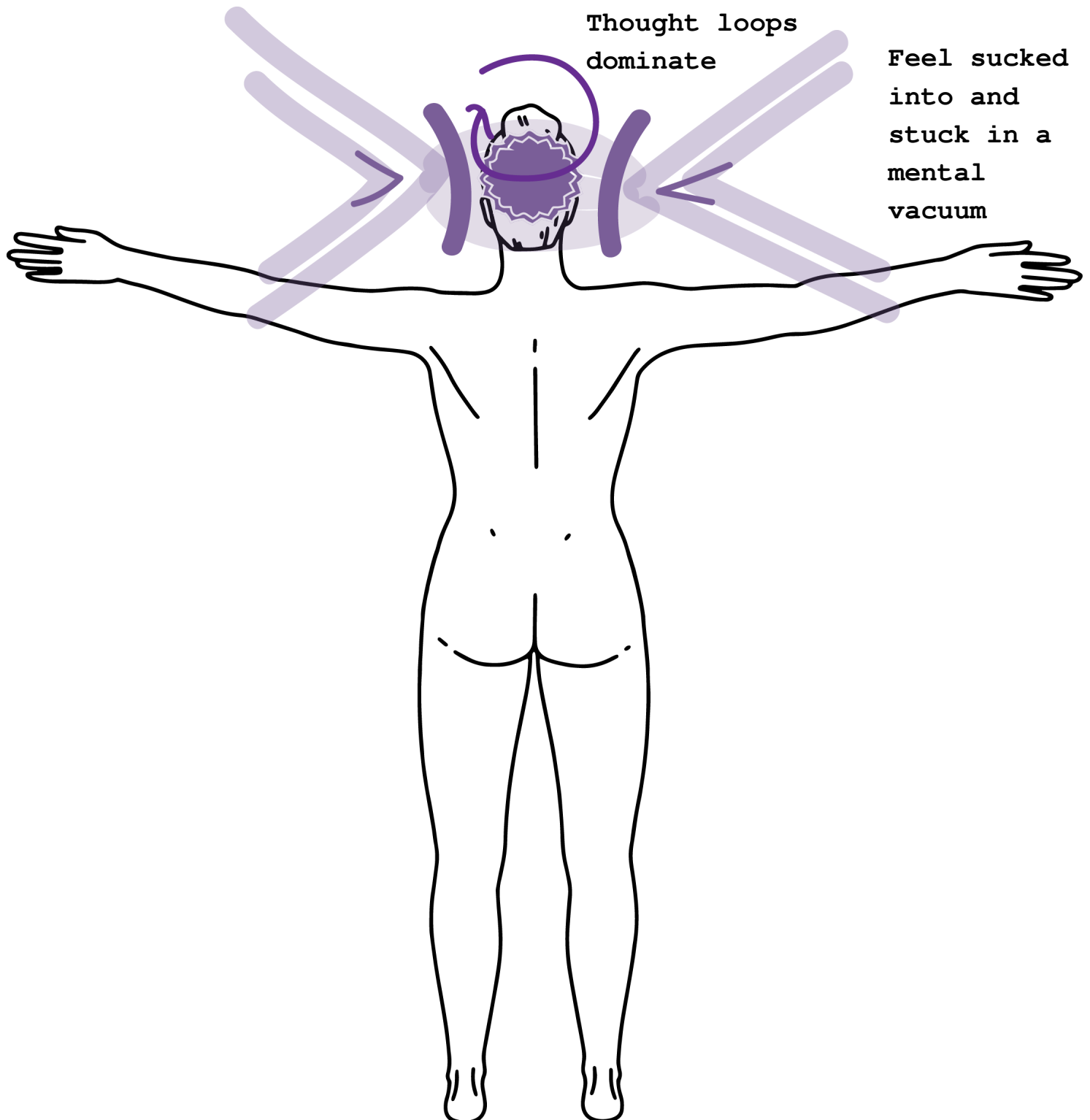
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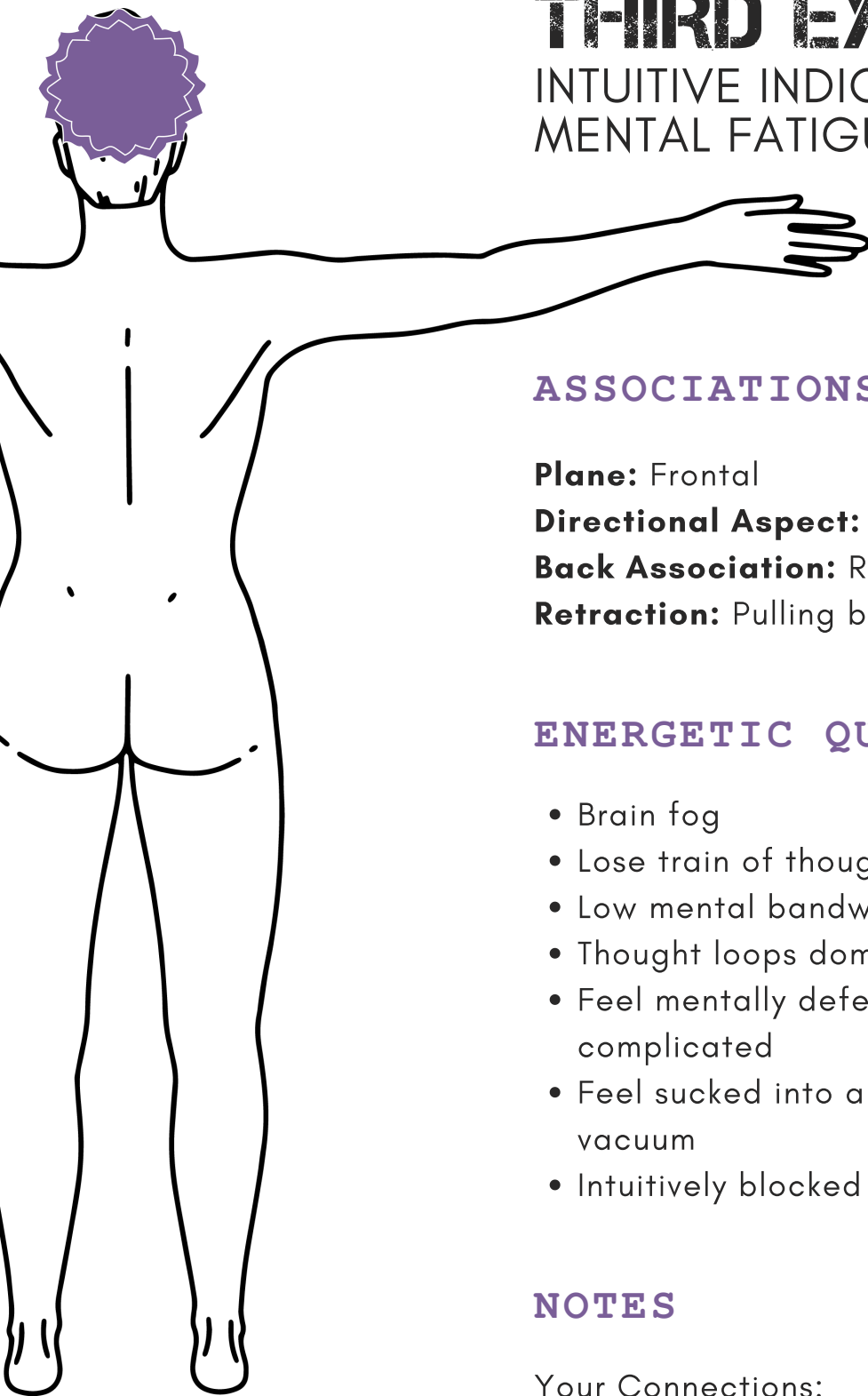
Your Connections:

“I engage my intuition and follow its guidance.”

THIRD EYE: BACK

INDICATOR: MENTAL FATIGUE





THIRD EYE: BACK

INTUITIVE INDICATOR:
MENTAL FATIGUE

ASSOCIATIONS

Plane: Frontal

Directional Aspect: Back

Back Association: Retraction

Retraction: Pulling back, shielding, guarding

ENERGETIC QUALITIES

- Brain fog
- Lose train of thought often
- Low mental bandwidth
- Thought loops dominate
- Feel mentally defeated, make things overly complicated
- Feel sucked into and stuck in a mental vacuum
- Intuitively blocked at back

NOTES

Your Connections:

"I engage my intellect and respond to its direction."